
LENT KNIT-ALONG 2026

WEEK 2



Pattern by Lyn Lloyd-Jones
Reflections by Rev Mandy Briggs

Introduction

This week's reflections have been written by Mandy Briggs. Mandy is a Methodist minister based in Stroud. She works with 4 churches in the Stroud/Gloucester area. Mandy's Gran was an accomplished knitter and her Mum won prizes for embroidery – sadly, the genes stopped there!

This week's notes have the theme 'Women of Spirit'. They have been adapted from a set of Bible notes originally written for IBRA (the International Bible Reading Association).

Sunday, 22 February

Reading – Mark 14: 3-9

Reflection – THE WOMAN WITH THE PERFUME

Elsewhere in the Gospels, this woman of spirit is named as Mary of Bethany but Mark's Gospel does not name her. It feels ironic, then, that in this passage we find out more about what this woman carried than who she actually was!

Identity aside, the woman is brave enough (or determined enough) to break into the meal at Simon the Leper's house to carry out an audacious act.

Can you imagine looking on as she pours expensive perfume all over Jesus's head, the scent filling the room as it drips down his hair, then onto his face and clothes?

What would you be thinking? Would you feel comfortable or uncomfortable?

We know the perfume was made of nard. Nard is an amber-coloured essential oil which is very aromatic. It is thought to be made from a flowering plant in the honeysuckle family, so the perfume would be very sweet smelling.

There was indignance around the room at her seemingly extravagant action but Jesus sees past what others identify as wasteful to the profound nature of the anointing – a deeply prophetic act which pointed to his death and burial.

And it made me wonder – have we ever tried reading the Bible using more than one or two senses? When we read about shared meals, can we imagine the smells of cooked food rising around the table? When walks are taken, do we think about what plants might be by the side of the road, what colours and fragrances are being experienced by Jesus and his followers?

Prayer – God of all the senses, help us to imagine the colours, smells and tastes of Jesus' world.

Follow-up Thought – Imagine you were a guest at this meal. How would you have reacted to the woman's actions?

PATTERN

- Row 35. K1, (P1, K1) x 3 [4], sm, K10 [14], sm, (K4, K2tog, YO, K1, YO, SSK) x 2, K1, sm, K3, (K2tog, YO, K1, YO, SSK, K4) x 2, K2tog, YO, K1, YO, SSK, K3, sm, K1, (K2tog, YO, K1, YO, SSK, K4) x 2, sm, K10 [14], sm, K1, (P1, K1) x 3 [4].
- Row 36. K1, (P1, K1) x 3 [4], sm, P to last stitch marker, slipping markers as you go, sm, K1, (P1, K1) x 3 [4].
- Row 37. K1, (P1, K1) x 3 [4], sm, K10 [14], sm, K5, K2tog, YO, K7, K2tog, YO, K3, sm, K4, (K2tog, YO, K7) x 2, K2tog, YO, K5, sm, K2, K2tog, YO, K7, K2tog, YO, K6, sm, K10 [14], sm, K1, (P1, K1) x 3 [4].
- Row 38. Work as row 36.
- Row 39. K1, (P1, K1) x 3 [4], sm, K to last stitch marker, slipping markers as you go, sm, K1, (P1, K1) x 3 [4].
- Row 40. Work as row 36.
- Row 41. K1, (P1, K1) x 3 [4], sm, K to last stitch marker, slipping markers as you go, sm, K1, (P1, K1) x 3 [4].
- Row 42. Work as row 36.
- Row 43. K1, (P1, K1) x 3 [4], sm, K1 [5], K2tog, YO, K7, sm, K4, K2tog, YO, K6, K2tog, YO, K5, sm, K1, (K2tog, YO, K6) x 3, K2tog, YO, K2, sm, K4, K2tog, YO, K6, K2tog, YO, K5, sm, K7, K2tog, YO, K1 [5], sm, K1, (P1, K1) x 3 [4].

Monday, 23 February

Reading – Genesis 38:6-26

Reflection - Tamar

Have you heard of the expression “stuck between a rock and a hard place”?

When we meet Tamar, she is in this kind of difficult position. Her husband has died, leaving her childless; but in this society, she has a right to bear children. Her husband’s brother is legally required to help but will not because he fears losing part of his own inheritance.

The next brother in line is far too young to be a father; so, Tamar is left in limbo by her father-in-law Judah; she is sent back to her father’s house and left to live as a widow. Judah should take up the obligation himself but he ignores the situation and Tamar is unable to remarry while he does so.

But Tamar knows her rights. We might struggle with the fact that she tricks Judah into getting her pregnant; but, actually, under the law at the time, she was taking steps to claim her right to have a child. However uncomfortable her plan of action makes us, in the end Judah recognises that Tamar has forced his hand; she has been assertive enough to challenge his abandonment of her.

When he attempts to blame Tamar and have her killed, her calm response leads to his confession: “she is more in the right than I.”

In a patriarchal society, it was extremely difficult for a woman to take charge of a situation and claim her rights; but Tamar did so.

Prayer: Compassionate God, we pray for women we know who are facing difficult times right now, especially legal battles. We ask that you would give them strength, hope and a way forward.

Follow-up Thought: In 2018 a charity was formed called ‘Rights of Women – helping women through the law’. Find out more here: rightsofwomen.org.uk

PATTERN

- Row 44. Work as row 36.
- Row 45. K1, (P1, K1) x 3 [4], sm, K10 [14], sm, (K3, K2tog, YO, K1, YO, SSK) x 2, K3, sm, (K2tog, YO, K1, YO, SSK, K3) x 3, K2tog, YO, K1, YO, SSK, sm, (K3, K2tog, YO, K1, YO, SSK) x 2, K3, sm, K10 [14], sm, K1, (P1, K1) x 3 [4].
- Row 46. Work as row 36.
- Row 47. K1, (P1, K1) x 3 [4], sm, K10 [14], sm, K4, K2tog, YO, K6, K2tog, YO, K5, sm, K1, (K2tog, YO, K6) x 3, K2tog, YO, K2, sm, K4, K2tog, YO, K6, K2tog, YO, K5, sm, K10 [14], sm, K1, (P1, K1) x 3 [4].
- NB two stitch markers are removed on row 48.*
- Row 48. K1, (P1, K1) x 3 [4], sm, P10 [14], sm, P19, rm, P29, rm, P19, sm, P10 [14], sm, K1, (P1, K1) x 3 [4].
- NB two stitch markers are placed on row 49.*
- Row 49. K1, (P1, K1) x 3 [4], sm, K10 [14], sm, K25, pm, K17, pm, K25, sm, K10 [14], sm, K1, (P1, K1) x 3 [4].
- Row 50. Work as row 36.
- Row 51. K1, (P1, K1) x 3 [4], sm, K to last stitch marker, slipping markers as you go, sm, K1, (P1, K1) x 3 [4].
- Row 52. Work as row 36.

Tuesday, 24 February

Reading – Exodus 1:15-21

Reflection – Shiphrah and Puah

I'm a fan of the BBC TV show 'Call The Midwife'.

Set in the 1950s/60s and now 1970s, this popular drama series features a group of community-based midwives and trained nuns supporting families in the East End of London.

As well as dealing with births, deaths and everything in between, the midwives and nuns cope with their own personal challenges amid a background of social change which is well documented by the programme's writers.

Call The Midwife could be classed as 'heartwarming nostalgia telly' but this would be a mistake. It tells honest stories about the harsh reality of women's lives in those eras and does not shy away from addressing difficult and sometimes harrowing subjects.

The midwives and nuns are resourceful and tenacious and will often go 'above and beyond' to ensure the health of their patients.

Shiphrah and Puah would have fitted right in. They also showed resourcefulness and tenacity – as well as a healthy disregard for misguided instructions – which saved the lives of many Hebrew baby boys.

Even as they carried out their jobs diligently, they had the spirit and the determination to be subversive, putting their faith in God before the orders of the king. The cast of Call The Midwife would be proud.

Prayer - God of birth and death, thank you for Shiphrah and Puah's faith and healthy disregard for misguided authority. Please encourage, strengthen and support all those who work in healthcare.

Follow-up Thought - When is it OK to disobey instructions?

PATTERN

- Row 53. K1, (P1, K1) x 3 [4], sm, K7 [11], K2tog, YO, K1, sm, (K7, K2tog, YO, K1, YO, SSK) x 2, K1, sm, K6, K2tog, YO, K1, YO, SSK, K6, sm, K1, (K2tog, YO, K1, YO, SSK, K7) x 2, sm, K2tog, YO, K8 [12], sm, K1, (P1, K1) x 3 [4].
- Row 54. Work as row 36.
- Row 55. K1, (P1, K1) x 3 [4], sm, K10 [14], sm, K6, K2tog, YO, K3, YO, SSK, K5, K2tog, YO, K3, YO, SSK, sm, K5, K2tog, YO, K3, YO, SSK, K5, sm, K2tog, YO, K3, YO, SSK, K5, K2tog, YO, K3, YO, SSK, K6, sm, K10 [14], sm, K1, (P1, K1) x 3 [4].
- Row 56. Work as row 36.
- Row 57. Instructions are written out differently for sizes 3 and 4 on row 57.
- SIZE 3 ONLY: K1, (P1, K1) x 3, sm, K10, sm, K8, YO, CDD, YO, K9, YO, CDD, YO, K2, sm, K7, YO, CDD, YO, K7, sm, K2, YO, CDD, YO, K9, YO, CDD, YO, K8, sm, K10, sm, K1, (P1, K1) x 3.
- SIZE 4 ONLY: K1, (P1, K1) x 4, sm, K1, K2tog, YO, K11, sm, K8, YO, CDD, YO, K9, YO, CDD, YO, K2, sm, K7, YO, CDD, YO, K7, sm, K2, YO, CDD, YO, K9, YO, CDD, YO, K8, sm, K10, K2tog, YO, K2, sm, K1, (P1, K1) x 4.
- Row 58. Work as row 36.
- Row 59. K1, (P1, K1) x 3 [4], sm, K to last stitch marker, slipping markers as you go, sm, K1, (P1, K1) x 3 [4].
- Row 60. Work as row 36.

Wednesday, 25 February

Reading – Numbers 27: 1-11

Reflection – Five Daughters

You may have never heard of the Succession to the Crown Act of 2013. Let me tell you a bit more about it.

This is a law which changed the sequence of members of the British Royal Family who are in line to the throne. Before this law came into force in 2015, only male heirs were allowed to inherit the throne directly. So, a younger son could displace an elder daughter in the line of succession.

After the act became law in 2015, women were allowed to become direct heirs too. This change in the law has interesting parallels with the five daughters of Zelophehad – Mahlah, Noah, Hoglah, Milkah and Tirzah.

They stood before Moses and asked for their inheritance – even though property rights, money and possessions would have traditionally only been inherited by men. This would have caused uproar – but Moses said yes.

Even if you've never heard of these women before, they are to be celebrated and remembered for taking a stand and calling for change. And a pat on the back for Moses too - he asks God for wisdom and acts on what God tells him.

It would have been so easy for him to say "sorry - we can't do this - it's just not done" but he was willing to make a bold decision. Although much of the male inheritance line still existed in Moses' ruling, the women were able to take their rightful place and inherit from their father.

Prayer - Listening God, today we pray for all those who work in the legal profession, that you might give them wisdom to uphold the law and courage to know when to challenge it.

Follow-up Thought – How do we understand the word 'inheritance' in relation to our faith? Read 1 Peter 1: 3-4 for one understanding of this.

PATTERN

- Row 61. K1, (P1, K1) x 3 [4], sm, K to last stitch marker, slipping markers as you go, sm, K1, (P1, K1) x 3 [4].
- Row 62. Work as row 36.
- Row 63. K1, (P1, K1) x 3 [4], sm, K10 [14], sm, K6, K2tog, YO, K1, YO, SSK, K5, K2tog, YO, K1, YO, SSK, K4, sm, K1, K2tog, YO, K1, YO, SSK, K5, K2tog, YO, K1, YO, SSK, K1, sm, K4, K2tog, YO, K1, YO, SSK, K5, K2tog, YO, K1, YO, SSK, K6, sm, K10 [14], sm, K1, (P1, K1) x 3 [4].
- Row 64. Work as row 36.
- Row 65. K1, (P1, K1) x 3 [4], sm, K2 [6], K2tog, YO, K6, sm, K5, (K2tog, YO, K2tog, YO, K1, YO, SSK, K3) x 2, sm, K2tog, YO, K2tog, YO, K1, YO, SSK, K3, K2tog, YO, K2tog, YO, K1, YO, SSK, sm, (K3, K2tog, YO, K2tog, YO, K1, YO, SSK) x 2, K5, sm, K5, K2tog, YO, K3 [7], sm, K1, (P1, K1) x 3 [4].
- Row 66. Work as row 36.
- Row 67. K1, (P1, K1) x 3 [4], sm, K10 [14], sm, K6, K2tog, YO, K1, YO, SSK, K5, K2tog, YO, K1, YO, SSK, K4, sm, K1, K2tog, YO, K1, YO, SSK, K5, K2tog, YO, K1, YO, SSK, K1, sm, K4, K2tog, YO, K1, YO, SSK, K5, K2tog, YO, K1, YO, SSK, K6, sm, K10 [14], sm, K1, (P1, K1) x 3 [4].
- NB two stitch markers are removed on row 68.*
- Row 68. K1, (P1, K1) x 3 [4], sm, P10 [14], sm, P25, rm, P17, rm, P25, sm, P10 [14], sm, K1, (P1, K1) x 3 [4].
- NB two stitch markers are placed on row 69.*
- Row 69. K1, (P1, K1) x 3 [4], sm, K10 [14], sm, K20, pm, K27, pm, K20, sm, K10 [14], sm, K1, (P1, K1) x 3 [4].

Thursday, 26 February

Reading – Judges 1:12-15

Reflection – Aksah

I have a small box at home where I keep the jewellery that I inherited from my mum.

It's not much – a couple of rings, a necklace, some earrings – but I treasure them. They are special because they belonged to her.

Aksah is not a well-known character in the Old Testament but she is definitely a woman of spirit. Her name in Hebrew means a piece of jewellery, more specifically – ‘an ankle bracelet’!

She is Caleb’s only daughter and he obviously dotes on her. After Caleb ‘gives’ Aksah to the soldier Othniel in marriage, Aksah tells Othniel to ask her father for some land, but for whatever reason he doesn’t. So, she decides to go and make the request herself.

Traditionally, women were given jewellery or money as gifts, but never land. So Aksah is bold – and her father loves her so much that he doesn’t just give her one piece of land but the ‘upper and lower’ lands which are fertile and full of wells.

There’s a powerful relationship metaphor in this short reading. A parent’s love for their child leads to an extravagant gift motivated by love.

I treasure my mum’s jewellery but I treasure the memory of her love and care much more.

Prayer: God our loving Parent, you long to fill our lives with gifts of love – and that is something we can truly treasure.

Follow-up Thought - Matthew 6:21 says: “For where your treasure is, there your heart will be also.” What or who do you treasure most in life?

PATTERN

Row 70. Work as row 36.

Row 71. K1, (P1, K1) x 3 [4], sm, K to last stitch marker, slipping markers as you go, sm, K1, (P1, K1) x 3 [4].

Row 72. Work as row 36.

Row 73. K1, (P1, K1) x 3 [4], sm, K6 [10], K2tog, YO, K2, sm, (K4, K2tog, YO, K1, YO, SSK) x 2, K2, sm, K2, (K2tog, YO, K1, YO, SSK, K4) x 2, K2tog, YO, K1, YO, SSK, K2, sm, K2, (K2tog, YO, K1, YO, SSK, K4) x 2, sm, K1, K2tog, YO, K7 [11], sm, K1, (P1, K1) x 3 [4].

Row 74. Work as row 36.

Row 75. K1, (P1, K1) x 3 [4], sm, K10 [14], sm, K3, (K2tog, YO) x 2, K1, YO, SSK, K2, (K2tog, YO) x 2, K1, YO, SSK, K1, sm, K1, (K2tog, YO) x 2, K1, YO, SSK, K2, (K2tog, YO) x 2, K1, YO, SSK, K2, (K2tog, YO) x 2, K1, YO, SSK, K1, sm, K1, (K2tog, YO) x 2, K1, YO, SSK, K2, (K2tog, YO) x 2, K1, YO, SSK, K3, sm, K10 [14], sm, K1, (P1, K1) x 3 [4].

Row 76. Work as row 36.

Row 77. K1, (P1, K1) x 3 [4], sm, K10 [14], sm, (K4, K2tog, YO, K1, YO, SSK) x 2, K2, sm, K2, (K2tog, YO, K1, YO, SSK, K4) x 2, K2tog, YO, K1, YO, SSK, K2, sm, K2, (K2tog, YO, K1, YO, SSK, K4) x 2, sm, K10 [14], sm, K1, (P1, K1) x 3 [4].

NB two stitch markers are removed on row 78.

Row 78. K1, (P1, K1) x 3 [4], sm, P10 [14], sm, P20, rm, P27, rm, P20, sm, P10 [14], sm, K1, (P1, K1) x 3 [4].

Friday, 27 February

Reading – 1 Samuel 25:4-19

Reflection – Abigail part 1

There is a well-known TV advert in Britain which goes something like this. A camera pans around a richly decorated room where men and women in elegant gowns and tuxedos are talking, laughing and clinking glasses.

The camera focuses in on a large tray of chocolates of a particular brand piled up on a table, or being handed around by a waiter. There is general appreciation, then someone exclaims “ah Ambassador....with (the name of the chocolates) you are really spoiling us!”

The chocolates in question are not high-end or exclusive – but in this advert they are seen as the height of good hospitality and diplomacy.

Today’s reading is like the beginning of an advert or a dramatic film. It sets the scene for an act of diplomacy in the face of high tension. The expected host, Nabal, turns out to be inhospitable and hostile to David’s representatives. There are definitely no chocolates being passed around and the situation deteriorates until there is the threat of a potentially fatal face-off between the two men.

It is time for a different kind of diplomacy – and here Abigail steps in. She listens carefully and creates a bold plan to defuse the situation.

She has to act quickly and carefully if her plan is going to work. And so, taking other gifts of food, she makes her way to see her husband’s nemesis.

She is taking a huge risk – and she has no idea if her plan to achieve peace will work. But in the name of peace, she is willing to try.

Prayer: God, we pray for peacemakers and diplomats who seek to maintain good relationships between countries and peoples.

Follow-up Thought - How far would you go to achieve peace?

PATTERN

NB two stitch markers are placed on row 79.

Row 79. Instructions are written out differently for sizes 3 and 4 on row 79.

SIZE 3 ONLY: K1, (P1, K1) x 3, sm, K10, sm, K15, pm, K37, pm, K15, sm, K10, sm, K1, (P1, K1) x 3.

SIZE 4 ONLY: K1, (P1, K1) x 4, sm, K2, K2tog, YO, K10, sm, K15, pm, K37, pm, K15, sm, K9, K2tog, YO, K3, sm, K1, (P1, K1) x 4.

Row 80. Work as row 36.

Row 81. K1, (P1, K1) x 3 [4], sm, K to last stitch marker, slipping markers as you go, sm, K1, (P1, K1) x 3 [4].

Row 82. Work as row 36.

Row 83. K1, (P1, K1) x 3 [4], sm, K10 [14], sm, K7, K2tog, YO, K1, YO, SSK, K3, sm, K4, (K2tog, YO, K1, YO, SSK, K7) x 2, K2tog, YO, K1, YO, SSK, K4, sm, K3, K2tog, YO, K1, YO, SSK, K7, sm, K10 [14], sm, K1, (P1, K1) x 3 [4].

Row 84. Work as row 36.

- Row 85. K1, (P1, K1) x 3 [4], sm, K3 [7], K2tog, YO, K5, sm, K6, K2tog, YO, K3, YO, SSK, K2, sm, K3, (K2tog, YO, K3, YO, SSK, K5) x 2, K2tog, YO, K3, YO, SSK, K3, sm, K2, K2tog, YO, K3, YO, SSK, K6, sm, K4, K2tog, YO, K4 [8], sm, K1, (P1, K1) x 3 [4].
- Row 86. Work as row 36.
- Row 87. K1, (P1, K1) x 3 [4], sm, K10 [14], sm, K7, YO, SSK, K1, K2tog, YO, K3, sm, K4, (YO, SSK, K1, K2tog, YO, K7) x 2, YO, SSK, K1, K2tog, YO, K4, sm, K3, YO, SSK, K1, K2tog, YO, K7, sm, K10 [14], sm, K1, (P1, K1) x 3 [4].

Saturday, 28 February

Reading – 1 Samuel 25:23-35

Reflection- Abigail part 2

As we continue the story of Abigail in the book of 1 Samuel, it is clear that we are reading the story of a remarkable woman.

Abigail is resourceful, intelligent, courageous and willing to take risks to step into the gap of mistrust created by her husband. She is a brilliant peacemaker between her household, and David and his men.

This story is remarkable for another reason. Abigail's speech, in verses 24-31, is one of the longest pieces of recorded speech by a woman in the Old Testament. In the patriarchal world in which she lived, it is rare that her name and her words have been recorded; we know of enough examples of women in the Bible whose names are not even attributed to them, let alone paragraphs of text.

Abigail's actions and words save her household; her bravery and wisdom diffuses the stand-off between David and Nabal (and if you want a spoiler, the selfish Nabal later dies and Abigail marries David).

Abigail steps out of her 'expected' role as a wife to also take on the roles of diplomat, go-between and counsellor. She is more than the role that her society has used to define her. She confounds expectations and makes a huge impression in doing so. Most importantly, she saves people's lives.

Abigail is a role model for women (and men) of spirit who refuse to be defined by the expectations and boundaries of society today.

Prayer: God of diversity, today we pray for people who challenge stereotypical ideas and roles in the world and in the church.

Follow-up Thought: How do we keep our leaders accountable for their decisions and challenge them to change their minds – is it possible?

PATTERN

- Row 88. Work as row 36.
- Row 89. K1, (P1, K1) x 3 [4], sm, K10 [14], sm, K8, YO, CDD, YO, K4, sm, K5, (YO, CDD, YO, K9) x 2, YO, CDD, YO, K5, sm, K4, YO, CDD, YO, K8, sm, K10 [14], sm, K1, (P1, K1) x 3 [4].
- Row 90. Work as row 36.

- Row 91. K1, (P1, K1) x 3 [4], sm, K to last stitch marker, slipping markers as you go, sm, K1, (P1, K1) x 3 [4].
- Row 92. Work as row 36.
- Row 93. K1, (P1, K1) x 3 [4], sm, K8 [12], K2tog, YO, sm, K15, sm, K37, sm, K15, sm, K2tog, YO, K8 [12], sm, K1, (P1, K1) x 3 [4].
- Row 94. Work as row 36.
- Row 95. K1, (P1, K1) x 3 [4], sm, K10 [14], sm, K6, K2tog, YO, K1, YO, SSK, K4, sm, K1, (K2tog, YO, K1, YO, SSK, K5) x 3, K2tog, YO, K1, YO, SSK, K1, sm, K4, K2tog, YO, K1, YO, SSK, K6, sm, K10 [14], sm, K1, (P1, K1) x 3 [4].

THE WEEK IN KNITTING

- Row 35. K1, (P1, K1) x 3 [4], sm, K10 [14], sm, (K4, K2tog, YO, K1, YO, SSK) x 2, K1, sm, K3, (K2tog, YO, K1, YO, SSK, K4) x 2, K2tog, YO, K1, YO, SSK, K3, sm, K1, (K2tog, YO, K1, YO, SSK, K4) x 2, sm, K10 [14], sm, K1, (P1, K1) x 3 [4].
- Row 36. K1, (P1, K1) x 3 [4], sm, P to last stitch marker, slipping markers as you go, sm, K1, (P1, K1) x 3 [4].
- Row 37. K1, (P1, K1) x 3 [4], sm, K10 [14], sm, K5, K2tog, YO, K7, K2tog, YO, K3, sm, K4, (K2tog, YO, K7) x 2, K2tog, YO, K5, sm, K2, K2tog, YO, K7, K2tog, YO, K6, sm, K10 [14], sm, K1, (P1, K1) x 3 [4].
- Row 38. Work as row 36.
- Row 39. K1, (P1, K1) x 3 [4], sm, K to last stitch marker, slipping markers as you go, sm, K1, (P1, K1) x 3 [4].
- Row 40. Work as row 36.
- Row 41. K1, (P1, K1) x 3 [4], sm, K to last stitch marker, slipping markers as you go, sm, K1, (P1, K1) x 3 [4].
- Row 42. Work as row 36.
- Row 43. K1, (P1, K1) x 3 [4], sm, K1 [5], K2tog, YO, K7, sm, K4, K2tog, YO, K6, K2tog, YO, K5, sm, K1, (K2tog, YO, K6) x 3, K2tog, YO, K2, sm, K4, K2tog, YO, K6, K2tog, YO, K5, sm, K7, K2tog, YO, K1 [5], sm, K1, (P1, K1) x 3 [4].

-
- Row 44. Work as row 36.
- Row 45. K1, (P1, K1) x 3 [4], sm, K10 [14], sm, (K3, K2tog, YO, K1, YO, SSK) x 2, K3, sm, (K2tog, YO, K1, YO, SSK, K3) x 3, K2tog, YO, K1, YO, SSK, sm, (K3, K2tog, YO, K1, YO, SSK) x 2, K3, sm, K10 [14], sm, K1, (P1, K1) x 3 [4].
- Row 46. Work as row 36.
- Row 47. K1, (P1, K1) x 3 [4], sm, K10 [14], sm, K4, K2tog, YO, K6, K2tog, YO, K5, sm, K1, (K2tog, YO, K6) x 3, K2tog, YO, K2, sm, K4, K2tog, YO, K6, K2tog, YO, K5, sm, K10 [14], sm, K1, (P1, K1) x 3 [4].

NB two stitch markers are removed on row 48.

- Row 48. K1, (P1, K1) x 3 [4], sm, P10 [14], sm, P19, rm, P29, rm, P19, sm, P10 [14], sm, K1, (P1, K1) x 3 [4].

NB two stitch markers are placed on row 49.

- Row 49. K1, (P1, K1) x 3 [4], sm, K10 [14], sm, K25, pm, K17, pm, K25, sm, K10 [14], sm, K1, (P1, K1) x 3 [4].
- Row 50. Work as row 36.
- Row 51. K1, (P1, K1) x 3 [4], sm, K to last stitch marker, slipping markers as you go, sm, K1, (P1, K1) x 3 [4].
- Row 52. Work as row 36.

-
- Row 53. K1, (P1, K1) x 3 [4], sm, K7 [11], K2tog, YO, K1, sm, (K7, K2tog, YO, K1, YO, SSK) x 2, K1, sm, K6, K2tog, YO, K1, YO, SSK, K6, sm, K1, (K2tog, YO, K1, YO, SSK, K7) x 2, sm, K2tog, YO, K8 [12], sm, K1, (P1, K1) x 3 [4].
- Row 54. Work as row 36.
- Row 55. K1, (P1, K1) x 3 [4], sm, K10 [14], sm, K6, K2tog, YO, K3, YO, SSK, K5, K2tog, YO, K3, YO, SSK, sm, K5, K2tog, YO, K3, YO, SSK, K5, sm, K2tog, YO, K3, YO, SSK, K5, K2tog, YO, K3, YO, SSK, K6, sm, K10 [14], sm, K1, (P1, K1) x 3 [4].

Row 56. Work as row 36.

Row 57. Instructions are written out differently for sizes 3 and 4 on row 57.

SIZE 3 ONLY: K1, (P1, K1) x 3, sm, K10, sm, K8, YO, CDD, YO, K9, YO, CDD, YO, K2, sm, K7, YO, CDD, YO, K7, sm, K2, YO, CDD, YO, K9, YO, CDD, YO, K8, sm, K10, sm, K1, (P1, K1) x 3.

SIZE 4 ONLY: K1, (P1, K1) x 4, sm, K1, K2tog, YO, K11, sm, K8, YO, CDD, YO, K9, YO, CDD, YO, K2, sm, K7, YO, CDD, YO, K7, sm, K2, YO, CDD, YO, K9, YO, CDD, YO, K8, sm, K10, K2tog, YO, K2, sm, K1, (P1, K1) x 4.

Row 58. Work as row 36.

Row 59. K1, (P1, K1) x 3 [4], sm, K to last stitch marker, slipping markers as you go, sm, K1, (P1, K1) x 3 [4].

Row 60. Work as row 36.

Row 61. K1, (P1, K1) x 3 [4], sm, K to last stitch marker, slipping markers as you go, sm, K1, (P1, K1) x 3 [4].

Row 62. Work as row 36.

Row 63. K1, (P1, K1) x 3 [4], sm, K10 [14], sm, K6, K2tog, YO, K1, YO, SSK, K5, K2tog, YO, K1, YO, SSK, K4, sm, K1, K2tog, YO, K1, YO, SSK, K5, K2tog, YO, K1, YO, SSK, K1, sm, K4, K2tog, YO, K1, YO, SSK, K5, K2tog, YO, K1, YO, SSK, K6, sm, K10 [14], sm, K1, (P1, K1) x 3 [4].

Row 64. Work as row 36.

Row 65. K1, (P1, K1) x 3 [4], sm, K2 [6], K2tog, YO, K6, sm, K5, (K2tog, YO, K2tog, YO, K1, YO, SSK, K3) x 2, sm, K2tog, YO, K2tog, YO, K1, YO, SSK, K3, K2tog, YO, K2tog, YO, K1, YO, SSK, sm, (K3, K2tog, YO, K2tog, YO, K1, YO, SSK) x 2, K5, sm, K5, K2tog, YO, K3 [7], sm, K1, (P1, K1) x 3 [4].

Row 66. Work as row 36.

Row 67. K1, (P1, K1) x 3 [4], sm, K10 [14], sm, K6, K2tog, YO, K1, YO, SSK, K5, K2tog, YO, K1, YO, SSK, K4, sm, K1, K2tog, YO, K1, YO, SSK, K5, K2tog, YO, K1, YO, SSK, K1, sm, K4, K2tog, YO, K1, YO, SSK, K5, K2tog, YO, K1, YO, SSK, K6, sm, K10 [14], sm, K1, (P1, K1) x 3 [4].

NB two stitch markers are removed on row 68.

Row 68. K1, (P1, K1) x 3 [4], sm, P10 [14], sm, P25, rm, P17, rm, P25, sm, P10 [14], sm, K1, (P1, K1) x 3 [4].

NB two stitch markers are placed on row 69.

Row 69. K1, (P1, K1) x 3 [4], sm, K10 [14], sm, K20, pm, K27, pm, K20, sm, K10 [14], sm, K1, (P1, K1) x 3 [4].

Row 70. Work as row 36.

Row 71. K1, (P1, K1) x 3 [4], sm, K to last stitch marker, slipping markers as you go, sm, K1, (P1, K1) x 3 [4].

Row 72. Work as row 36.

Row 73. K1, (P1, K1) x 3 [4], sm, K6 [10], K2tog, YO, K2, sm, (K4, K2tog, YO, K1, YO, SSK) x 2, K2, sm, K2, (K2tog, YO, K1, YO, SSK, K4) x 2, K2tog, YO, K1, YO, SSK, K2, sm, K2, (K2tog, YO, K1, YO, SSK, K4) x 2, sm, K1, K2tog, YO, K7 [11], sm, K1, (P1, K1) x 3 [4].

Row 74. Work as row 36.

Row 75. K1, (P1, K1) x 3 [4], sm, K10 [14], sm, K3, (K2tog, YO) x 2, K1, YO, SSK, K2, (K2tog, YO) x 2, K1, YO, SSK, K1, sm, K1, (K2tog, YO) x 2, K1, YO, SSK, K2, (K2tog, YO) x 2, K1, YO, SSK, K2, (K2tog, YO) x 2, K1, YO, SSK, K1, sm, K1, (K2tog, YO) x 2, K1, YO, SSK, K2, (K2tog, YO) x 2, K1, YO, SSK, K3, sm, K10 [14], sm, K1, (P1, K1) x 3 [4].

Row 76. Work as row 36.

Row 77. K1, (P1, K1) x 3 [4], sm, K10 [14], sm, (K4, K2tog, YO, K1, YO, SSK) x 2, K2, sm, K2, (K2tog, YO, K1, YO, SSK, K4) x 2, K2tog, YO, K1, YO, SSK, K2, sm, K2, (K2tog, YO, K1, YO, SSK, K4) x 2, sm, K10 [14], sm, K1, (P1, K1) x 3 [4].

NB two stitch markers are removed on row 78.

Row 78. K1, (P1, K1) x 3 [4], sm, P10 [14], sm, P20, rm, P27, rm, P20, sm, P10 [14], sm, K1, (P1, K1) x 3 [4].

NB two stitch markers are placed on row 79.

Row 79. Instructions are written out differently for sizes 3 and 4 on row 79.

SIZE 3 ONLY: K1, (P1, K1) x 3, sm, K10, sm, K15, pm, K37, pm, K15, sm, K10, sm, K1, (P1, K1) x 3.

SIZE 4 ONLY: K1, (P1, K1) x 4, sm, K2, K2tog, YO, K10, sm, K15, pm, K37, pm, K15, sm, K9, K2tog, YO, K3, sm, K1, (P1, K1) x 4.

Row 80. Work as row 36.

Row 81. K1, (P1, K1) x 3 [4], sm, K to last stitch marker, slipping markers as you go, sm, K1, (P1, K1) x 3 [4].

Row 82. Work as row 36.

Row 83. K1, (P1, K1) x 3 [4], sm, K10 [14], sm, K7, K2tog, YO, K1, YO, SSK, K3, sm, K4, (K2tog, YO, K1, YO, SSK, K7) x 2, K2tog, YO, K1, YO, SSK, K4, sm, K3, K2tog, YO, K1, YO, SSK, K7, sm, K10 [14], sm, K1, (P1, K1) x 3 [4].

Row 84. Work as row 36.

Row 85. K1, (P1, K1) x 3 [4], sm, K3 [7], K2tog, YO, K5, sm, K6, K2tog, YO, K3, YO, SSK, K2, sm, K3, (K2tog, YO, K3, YO, SSK, K5) x 2, K2tog, YO, K3, YO, SSK, K3, sm, K2, K2tog, YO, K3, YO, SSK, K6, sm, K4, K2tog, YO, K4 [8], sm, K1, (P1, K1) x 3 [4].

Row 86. Work as row 36.

Row 87. K1, (P1, K1) x 3 [4], sm, K10 [14], sm, K7, YO, SSK, K1, K2tog, YO, K3, sm, K4, (YO, SSK, K1, K2tog, YO, K7) x 2, YO, SSK, K1, K2tog, YO, K4, sm, K3, YO, SSK, K1, K2tog, YO, K7, sm, K10 [14], sm, K1, (P1, K1) x 3 [4].

Row 88. Work as row 36.

Row 89. K1, (P1, K1) x 3 [4], sm, K10 [14], sm, K8, YO, CDD, YO, K4, sm, K5, (YO, CDD, YO, K9) x 2, YO, CDD, YO, K5, sm, K4, YO, CDD, YO, K8, sm, K10 [14], sm, K1, (P1, K1) x 3 [4].

Row 90. Work as row 36.

Row 91. K1, (P1, K1) x 3 [4], sm, K to last stitch marker, slipping markers as you go, sm, K1, (P1, K1) x 3 [4].

Row 92. Work as row 36.

Row 93. K1, (P1, K1) x 3 [4], sm, K8 [12], K2tog, YO, sm, K15, sm, K37, sm, K15, sm, K2tog, YO, K8 [12], sm, K1, (P1, K1) x 3 [4].

Row 94. Work as row 36.

Row 95. K1, (P1, K1) x 3 [4], sm, K10 [14], sm, K6, K2tog, YO, K1, YO, SSK, K4, sm, K1, (K2tog, YO, K1, YO, SSK, K5) x 3, K2tog, YO, K1, YO, SSK, K1, sm, K4, K2tog, YO, K1, YO, SSK, K6, sm, K10 [14], sm, K1, (P1, K1) x 3 [4].